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LANGUAGES

English_ IELTS C1 8.5

German_ Test Daf B1

Spanish_ Bilingüal (completed Higher Education)

Italian_ Native and Didactic Certification DITALS I for Language Teaching

EDUCATION

PHD

- 2021, PhD in Arts and Education at University of Barcelona

MASTER

- 2017- 2018, MA Degree in Theatre and Performing Arts at Complutense University of Madrid

BACHELOR

- 2015-2016, Erasmus in Physical Theatre at Folkwang University of Arts Essen (DE)
- 2012-2016, BA Degree in Acting (Physical/Mime) at Royal School of Dramatic Arts (RESAD), Madrid (ES)- including Official Teaching Qualification in Performing Arts at Higher Education Level, in Spanish Public System.
- 2009-2012, Law Degree (5 years, 300 credits): completed 3 years and 180 credits at Libera Università Carlo Cattaneo Milan (IT)

OTHER COURSES (selection)

2021- Rules of The Game: an introduction to Task-Based Performance Art at the ECC-European Cultural Centre Performance Art. **with Dr. Katja Hilevaara**, Professor of Live Arts at Goldsmith University London.

2019- Storytelling at Mezrab Amsterdam with Raphael Roldan, Teaching collaborator of Amsterdam University of the Arts.

2019- Psychophysical acting training with Philip Zarrilli Emeritus Professor at Exeter University.

2018- Social Theatre Facilitation Techniques, with **La Rueda Teatro Social** in Madrid.

2012- 1st Year Acting Course at Estudio Corazza para el Actor Madrid

2010- Introduction to Acting Course at **Scuola D'Arte Drammatica Paolo Grassi**

Sara Kane Voice **Emma Dante** Woman and Tragedy **Chiara Guidi** Voice, **Xavier Leroi** Sculpture and movement, **Familie Flöz** Masque, **Leandro Kees** Partnering, **Mu-yi Kuo** Movement composition, **Merry Conway** Clown, **Nadia Kevan** Alexander Technique, **Thomas Buts** Linklater **Chris Baldwin** Site specific, **Mar Navarro** Masque, **Anne Denise** Chor, **Sol Garre** Checkov Technique **Helena Schinca** Laban **Elisa Turlá** Voicecraft, **Andrés del Bosque**, Buffons **ZAR-Grotowsky** Voice, **Luigi Musati** Verse

MERITS

ARTISTIC MERITS

for Stato Vegetale

2021 | Premiere at Teatro de La Abadía Madrid

2020 | Grant Award Ajut a l'escena distant Carlota Soldevila from Teatre Lliure Barcelona

(NB: 12 winners out of almost 600 participants)

for Dramasofía

2019 | Award Premi Born to Contemporary Creation

2019 | Finalist in Contemporary Performing Arts Festival "Presente Futuro" at Teatro Libero Palermo

2019 | *Creative Business Studio Award* from Impact Hub Madrid

2019 | Award *Premio Citofonare PimOFF*

(NB: 4 winners out of 293 participants coming from 28 different countries)

2018 | Residency Award from Fabra i Coats Barcelona

for Paliques Femeninos

2015 | Finalist at Festival Russafa Escénica Valencia

2015 | Award Galerías from La Cárcel de Segovia

2015 | First Award Carabanchel en Escena

PUBLISHED ARTICLES

Cappello, N., (accepted) "Stato Vegetale- experiment in four phases" in *Acotaciones RESAD Research Journal in Theatre and Theatrical Creation*.

Cappello, N., (2021) "Stato Vegetale - a pedagogical tool" in *ANIDA Journal of Art And School*
<https://archive.org/details/anida-01/page/18/mode/2up>

Cappello, N., (2018) "nSicilia: movimiento en lugar limitado" in *Acotaciones RESAD, Journal of Research in Theatre and Theatrical Creation*. n. 41: Theatre and Feminisms

DOI: <https://doi.org/10.32621/acotaciones.2018.41.06>

MASTERCLASSES

2020, University Francisco de Vitoria Madrid (ES), Institute of Teaching Innovation, (Research Level):
Masterclass in voice and movement for University Professors

2020, Civica Scuola di Teatro Paolo Grassi, Milan (IT) Summer School: "Let's Get Physical"
Intensive Physical Theatre online course

2019, University Complutense Madrid (ES), Master of Theatre and Performing Arts: Masterclass
"Building Atmospheres", Movement techniques for direction, devising and staging in the Performing Arts

2018, Alma Mater University of Bologna (IT), Bachelor of the School of Languages (IT):
Seminar "Translating gestures" movement based acting techniques applied to translation process

2020: Invited member of the Research Group Rethinking Training in Vértico Association, led by **Sol Garre**, PhD in Performance Practice and Senior Professor at Royal School of Dramatic Arts of Madrid

ARTISTIC WORK (selection)

● DIRECTOR/DRAMATURG

2021, STATO VEGETALE, interactive virtual performance developing around the idea and the task of embodying a house plant. Supported by Teatre Lliure Barcelona. Premiered at Teatro de La Abadía Madrid. / Own Concept, direction, dramaturgy and production.

2019, DRAMASOFÍA, interactive performance about philosophy and adolescence. Produced by Moveosofia. Premiered at PimOff Milan. Presented in Fabra i Coats Barcelona, Ciutadella Menorca, Festival Presente Futuro Palermo. Tournée in Schools in 15 European cities for more than 1500 participants. / Devised, written, directed, produced and performed with Kira Anzizu.

2019, PROTOCOLO9, express performance, mediated by Empiric Platform and produced by Fabra i Coats Barcelona. / Devised and performed with an interdisciplinary group of artists.

2016, SENSELESS REVELATIONS UNDER RANDOM PLANNABLE INFLUENCES, lecture performance about the paradoxes of applying rationalistic mindsets to artistic creation. Produced by Feldstärke im PACT Zollverein Essen. / Devised and performed with an interdisciplinary group of artists.

2016, CRICKET SOUND, solo choreographic piece about body's phantasy. Produced by Folkwang University of Arts. Exhibited in Feldstärke im PACT Zollverein Essen, Physical Theatre ShortCut Maschinenhaus Essen, Pina Bausch Theatre FUDK / Own Creation Devising, and performance / Outside eye: Muye Kuo.

2015, PALIQUES FEMENINOS, choreographic piece about the gestures that "define feminine gender". Produced by Amedias and RESAD. / Devised, directed, produced and performed in ensemble.

2014: CLITEMNESTRA, solo monologue piece from Aeschilus. Produced and exhibited by RESAD Madrid. / Devising and performance.

2014: LA DISCESA DELLE MASCHERE, site specific performance on the Baroque Gargoyles in Ragusa Ibla. Produced by Accidental Company and City of Ragusa. / Concept, devising, and production.

2014: DE MADRID AL RUEDO, site specific performance on the M-30 Bridge in Madrid for an interdisciplinary artist group led by Chris Baldwin. Produced by RESAD / Devising and performance.

2012: LOS SENOS DE OFELIA, solo choreographic piece from Shakespeare, produced and exhibited by RESAD Madrid. / Choreography and performance.

● ACTRESS

2019: GUERRILLA, by El Conde de Torrejuel. Teatros del Canal Madrid (ES) / Ensemble

2018: TE VOY A CONTAR MI VIDA, by Esther Ferrer. Museo Nacional Reina Sofía de Madrid (ES) / Ensemble

2018: AMEZZALUNA, solo performance directed by Margherita Ortolani. Produced by BLITZ and Piccolo Teatro Patafisico, Palermo. / Devising and performance

2017: LA TERRA DEI LOMBRICHI, directed by Chiara Guidi. Produced by Societas, I teatri di Reggio Emilia (IT) / Ensemble

2017: LA PIETRA DELLO SCANDALO, directed by Chiara Guidi. Produced by Societas, Teatro Comandini (IT) / Ensemble

2016: [BPM], directed by Clara Gohmert. Produced by Armada Theatre and FUdK. / Devising and performance

2015: LOS ARTISTAS BAJO LA CARPA DE CIRCO: PERPLEJOS, directed by Juanjo de La Fuente from Alexander Kluge film. Produced by RESAD and Campo de La Cebada. / Devising and performance, Main Role: Leni Peickert

2013: LA NOCHE VENECIANA, directed by Barbara Risso from Alfred Musset . Produced by Sphota Teatro, RESAD and Campo de La Cebada Madrid. / Actress, Main Role: Lauretta

2010: SOLA, shortfilm directed by Vittorio Borsari. / Actress, Main Role

2009: LA STORIA DELLA BAMBOLA ABBANDONATA, directed and produced by Centro Teatro Studi. Tournée in Schools during 2 years / Actress, Main Role: Paca.

- **THEATRE PEDAGOGUE**

2020-2021, "Let's get physical" Weekly Physical Theatre Training for non professionals (also Online), in Madrid (ES)

2018-2020, "Gest-Azioni" Two-year executive Physical Theatre Program for Educators, Casa delle Maschere, Periagogé (IT)

2020, Collaborative learning processes at COOFILM Collaborative Residency for Women Filmmaker, Madrid (ES)

2019, Professional Training in Acting for people with disability at ANFFAS (IT)

2017, Summer Course of Physical Theatre at Pre-secondary School Farini School Bologna (IT)

2015, Theatre Course with adolescents with alimentation disorders with Creando.org and RESAD

- **MANAGER AND ASSISTANT**

2021, Founder and Director of the Collective *Il Pubblico*, Madrid (ES)

2017- 2020, Co-founder and artistic director at *Moveosofia* Theatre and Education Company, Madrid (ES)

2017, Director Assistant of Emma Dante in the opera "Cavalleria Rusticana/Voix Humaine", at Teatro Comunale, Bologna.

2016-2017, "Erasmus traineeship as creative assistant" at Societas Raffaello Sanzio, Teatro Comandini (IT), Organization and coordination tasks, supporting the work of the pedagogue and director Chiara Guidi, and the production of the Festivals "Mantica" and "Puerilia".